



HEALTH & EMERGENCY FORMS

Listed below are the forms that must be on file in the Nurse's Office by **August 19, 2019**, for every enrolled student. *Please read carefully.*

Please note that these forms are only valid for the current school year and must be re-submitted annually. Your child cannot be in school without the required forms on file.

Required Forms:

- **Physical**
All students must have an up-to-date physical (valid for one year from date of exam) on file at the school. If a physical was already on file at the student from last year, then a letter from the nurse with the date that the physical expires was mailed to you. If your child has a new physical during the school year, a copy of the results must be sent to the Nurse's Office.
- **Immunizations**
All students must have an up-to-date immunization record on file at the school. If you have religious or medical exemptions to the immunization protocol, please sign a release form, which you may obtain from the Nurse's Office. For all medical exemptions, Massachusetts requires written documentation from a physician to be kept on file at the school.
- **Emergency Form**
This form was mailed to you. Please make sure all contact information is up to date, complete the Health History, and fill out the permissions on the back side. Contact the Front Desk with any updates during the school year.
- **Permission to Administer Over-the-Counter (OTC) Medications**
All students must have this form on file at the school, indicating your permissions regarding the administration of the listed over-the-counter medications to your child.

If applicable:

- **Permission to Administer Prescribed Medications**
If prescribed medication (such as inhalers, epi-pens, etc.) is to be administered to your child while at school or on a school trip, then this form is required, signed by both the parent/guardian and the physician.

Keep a blank copy of this form in case your child is prescribed a medication later in the school year.

Please mail or drop off all forms to the School Nurse by August 19, 2019.

Contact the School Nurse with any questions.

nurse@oakmeadow.org

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