



HEALTH & EMERGENCY FORMS

Listed below are the forms that must be on file in the Nurse's Office by **August 17, 2018**, for every enrolled student.

Please note that these forms are only valid for the current school year and must be re-submitted annually. Your child cannot be in school without the required forms on file. ***Please read carefully.***

Required Forms:

Physical

All students must have an up-to-date physical (valid for one year from date of exam) on file at the school. Contact your physician for documentation. If your child has a new physical during the school year, a copy of the results must be sent to the Nurse's Office.

Immunizations

All students must have an up-to-date immunization record on file at the school. If you have religious or medical exemptions to the immunization protocol, please sign a release form, which you may obtain from the Nurse's Office. For all medical exemptions, Massachusetts requires written documentation from a physician to be kept on file at the school.

Emergency Form

This form was mailed to you. Please make sure all contact information is up to date, complete the Health History, and fill out the permissions on the back side. Contact the Front Desk with any updates during the school year.

[Permission to Administer Over-the-Counter \(OTC\) Medications](#)

All students must have this form on file at the school, indicating your permissions regarding the administration of the listed over-the-counter medications to your child.

Check links with updated forms

If applicable:

[Permission to Administer Prescribed Medications](#)

If prescribed medication (such as inhalers, epi-pens, etc.) is to be administered to your child while at school, then this form is required, signed by both the parent/guardian and the physician.

Please mail or drop off all forms to the School Nurse by August 17, 2018.

Contact the School Nurse with any questions.

nurse@oakmeadow.org

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